
Eric Richard Spears, D.O.

Osteopathic Physician

Physical Medicine & Rehabilitation

3902 Scotch Pine Ct
Eau Claire, WI 54701
248-762-0305
eric2406@gmail.com

EMPLOYMENT

Contract PM&R Physician employed by Prevea Health

1. Inpatient PM&R physician, Inpatient Rehab Facility (IRF) 3/2019-3/2023
HSHS Sacred Heart Hospital (SHH) - 9th floor inpatient rehab unit
900 W Clairemont Ave
Eau Claire, WI 54701
Achievements:

 - Responsible for greater than 99% of IRF admissions, follow up encounters, and discharges during this period of time.
 - 90-100% physician rating on Press Ganey Survey dating from 2/2022-2/2023
 - High volume coordinating discharge-readmissions between IRF and SHH
 - Consulted with OakLeaf Network consulting physicians
 - Extensive experience with strokes, spinal cord injuries, traumatic brain injuries, major multiple trauma, critical illness myopathy, end stage heart failure, end stage COPD, and other conditions leading to profound disability
 - Mastery of the Epic Electronic Health Record system
2. Outpatient PM&R physician specialty consultation clinic 3/2019-3/2023
Prevea Health
703 W Hamilton Ave
Eau Claire, WI 54701
Achievements:

 - Consultation encounters for evaluation and management of chronic pain, neuropathic pain, visceral pain, musculoskeletal injuries, physical rehabilitation, spasticity, and other disabling impairments from medically disabling illnesses
 - EMG-guided chemodenervation with botulinum toxin A (such as Botox®)
 - Diagnostic musculoskeletal ultrasonography
 - Ultrasound guided peripheral nerve blocks
 - Ultrasound guided small, medium, and large joint injections
 - Electrodiagnostic testing (nerve conduction studies and electromyography (EMG)); estimate 5,000 electrodiagnostic studies in my career
 - Preceptor physician for the Prevea Family Medicine Residency Program with outstanding feedback

3. Inpatient PM&R specialty consultation services 3/2019-9/2023
HSHS SHH
900 W Clairemont Ave
Eau Claire, WI 54701
Achievements:
• PM&R consultations for hospitalized patients with acute complex disability
• PM&R consultations for complex pain management

4. Inpatient PM&R Physician, IRF 3/2019-9/2023
Rehab Hospital of Western Wisconsin
Managed by Encompass Health
Partnership with HSHS SHH
900 W Clairemont Ave
Eau Claire, WI 54701
Achievements:
• Responsible for greater than 99% of total IRF admissions, PM&R encounters, and discharges during this period of time
• Maintained excellent feedback from patients, families, and peers for my dedication to putting quality patient care and safety first

Inpatient Rehab Medical Director 3/2019-3/2023
HSHS Sacred Heart Hospital Inpatient Rehab Facility
HSHS Sacred Heart Hospital 9th floor, 12 bed rehab unit
900 W Clairemont Ave
Eau Claire, WI 54701
Achievements:
• 3 years leading daily multidisciplinary morning team huddles with the following disciplines: PT, PTA, PT students, OT, OTA, OT students, SLP, Dietician, Nurse Manager, Charge Nurse, RN, RN students, Residents Physicians, and Case Management, arbitrating discrepancies between disciplines and making executive decisions based on multiple inputs and interactions, but ultimately acting on behalf of the best interest of the patient.
• Maintained an average length of stay of 11 days, shorter than the national average
• Education and direction of staff to deliver and maintain a high standard quality of patient care
• Reviewed appropriateness and medical necessity of all preadmission referrals
• Participated in Parkinson's Support groups and Stroke Support groups

Inpatient Rehab Medical Director 3/2023-9/2023
Rehab Hospital of Western Wisconsin
Encompass Health Inpatient Rehabilitation Facility
HSHS Sacred Heart Hospital 8th and 9th floors, 36 bed rehab unit
900 W Clairemont Ave
Eau Claire, WI 54701
Achievements:
• Lead provider in facilitating physician partnership with OakLeaf Medical
• Facilitated policy development and decision making on quality improvement metrics
• Led Medical Executive Committee meetings
• Mastery of the Cerner Electronic Health Record system
• Reviewed appropriateness and medical necessity of all preadmission referrals

POST GRADUATE TRAINING

Physical Medicine & Rehabilitation Residency

6/2014-2/2019

Larkin Community Hospital

South Miami, FL

Achievements:

- 97th percentile nationwide on AAPMR Self Assessment Exam (SAE), achieving highest score in the program's history
- President of PM&R board review class
- Extensive training in electrodiagnostics, musculoskeletal medicine, minimally invasive pain management procedures, pain management, and rehabilitation

EDUCATION

Doctor of Osteopathic Medicine - D.O.

2009-2014

Michigan State University College of Osteopathic Medicine

- International Health Project Vice President
- Student Liaison of Wayne State County Osteopathic Medical Association
- Member of Institute of International Health
- Medical Mission in Belém, Brazil
- Prosected the neurovasculature of a right upper limb, trunk and lower limb

Bachelor of Science, Psychology - B.S.

2005-2009

Michigan State University

East Lansing, MI

- Minor in Bioethics, Humanities & Society
- Studied Abroad in Madagascar
- Graduated with High Honors
- Science GPA 3.92
- National Honors Society of Collegiate Scholars

SKILL SETS

Evaluation and management of conditions that impair function, including:

- Amputations
- Arthritis
- Back pain
- Chronic pain
- Musculoskeletal disorders
- Neurological conditions
- Rheumatologic disorders
- Spinal cord injury
- Sports injuries
- Stroke
- Traumatic brain injury

Procedures including:

- Botulinum toxin injections for migraines, spasticity and cervical dystonia
- Electrodiagnostic studies (electromyography and nerve conduction studies)
- Joint injections
- Musculoskeletal ultrasound
- Peripheral nerve blocks
- Prolotherapy

-
- Prosthetics and orthotics
 - Trigger point injections

SCHOLARLY ACTIVITY

- Complex Regional Pain Syndrome Type 1 refractory to conventional treatment responds to bilateral saphenous nerve blocks: a case report 2018
- West Palm Beach Veterans Affairs Hospital, PM&R quality improvement project 2017
- Cardiovascular Research: creating aqueous oxygen hydrate nuclei 2006

PROFESSIONAL MEMBERSHIPS

- American Academy of Physical Medicine & Rehabilitation (AAPMR)
- American Osteopathic College of Physical Medicine & Rehabilitation (AOCPMR)

SERVICE EXPERIENCE

- Detroit Urban High School Mentoring, Detroit, MI
- Sparrow Hospital Emergency Room Volunteer, Lansing, MI
- Biology Lab Undergraduate Aide
- American Red Cross: Blood Donor Room Aide , Lansing, MI

AWARDS & ACHIEVEMENTS

- High school men's tennis MHSAA state champion (2002)
- High school men's tennis MHSAA state 2nd place (2003, 2004, 2005)
- SEMTA top 10 ranked tennis player (1990's)
- First degree black belt in Kenpo Karate (1990's)

HOBBIES & INTERESTS

- Michigan State University Club Tennis (2007-2009)
- Musical instruments played: drums, piano, guitar
- Recreations: swimming, biking, hiking, sports

PERSONAL

- I have lived with chronic back pain since age 14, which brings a deeper understanding for my patients and passion to treat them
 - Granted a diagnosis of bilateral spondylolisthesis at L4-5 and L5-S1 as a teenager
 - Participant in rounds of conservative non-surgical medical treatment with partial success
 - Recipient of multiple lumbar epidurals, facet blocks, radiofrequency ablations
 - Awarded TLIF spinal fusion to stabilize L4-L5 in 2012 (during medical school)
 - Extracurricular education in PT, OT, and postoperative opioid prescriptions
 - Mild chronic radiculopathy in my right leg with a mildly impaired gait, loss of ability to run, play sports, or perform medium duty work tasks on a routine basis
 - Subsequently found to have three extruded discs in my thoracic spine, mild compression fractures at T12 and L1, bilateral sacroiliitis, and multiple areas of enthesitis
 - Ultimately diagnosed with Ankylosing Spondylitis in December, 2014. I am dependent on anti-inflammatory medication, daily exercise, activity modification, mindfulness, and modalities.
- Blessed with the abilities required to perform my job
- Blessed with the ability to understand pain and rehab patients on a deeper level
- Blessed with a loving wife, three small children, and goldendoodle